



FACT SHEET

LOCATION:

Nestled on the gentle slopes of Shepard Hill, overlooking pristine Squam Lake and with the White Mountains to the North – The Manor On Golden Pond is situated on 13 landscaped acres studded with majestic pines that whisper in the breeze.

Located in central New Hampshire, a short drive north of Winnepesaukee in Holderness, The Manor On Golden Pond is 2 hours from Boston, MA and Portland, ME and an hour from the Manchester Airport.

INNKEEPERS:

Brian and Mary Ellen Shields

ADDRESS:

The Manor On Golden Pond
31 Manor Dr.
P.O. Box T
Holderness, NH 03245
Telephone: 603-968-3348
Facsimile: 603-968-2116
Website: www.manorongoldenpond.com

OVERVIEW:

The regal yellow-stucco-and-shingle mansion was built in 1904 for wealthy real estate developer, Isaac Van Horn and his new wife as a private summer residence. In the mid-1940's, the house was purchased by *Life Magazine* photography editor, Henry Fowler, who opened the Holderness Photographic Colony for aspiring photographers. Since the 1950's, The Manor On Golden Pond has offered an elegant, yet comfortable getaway for discerning travelers. The present owners purchased The Manor On Golden Pond in 1999 and have been renovating the property to its original splendor blending the virtues of a small country inn with the amenities of a grand hotel.

PUBLIC AREAS:

Reflecting its English heritage, The Manor's lobby and public areas are elegantly appointed with antiques, fresh flowers, and comfortable lounge chairs with sofa groups by the fireplace.



The Manor On Golden Pond
Fact Sheet - Page 2

ACCOMMODATIONS:

The Manor On Golden Pond features 24 spacious and beautifully appointed guest chambers, including two sumptuous suites. A model of refinement and elegance, each guest chamber is individually designed; offers breathtaking views of Squam Lake or the White Mountains; and the majority have working fireplaces. Spacious sitting areas, luxurious fabrics and well-appointed bathrooms set the tone for a tranquil stay. Most guest rooms have private porches, decks or balconies.

In-room guest amenities include: wireless internet access, color cable television with VCR, Sony radio, cd and alarm clock, personal climate control, hair dryers, and plush bathrobes, Telephones with free local calling. Most bathrooms feature double Jacuzzi tubs and L'Occitane products.

DINING:

Breakfast at The Manor On Golden Pond is a major event and even though guests have the option of breakfast in their guest chamber, most choose the fireside atmosphere of the original dining room. Guests have the option of a full country-style breakfast or a simple fresh fruit platter and homemade granola. Breakfast is served daily from 8:30 a.m. until 10:00 a.m. (extended for peak periods).

For lighter fare, the seasonal Poolside Bar offers a selection of cocktails, appetizers and entrée selections throughout the afternoon. This outdoor patio area offers a spectacular view of Squam Lake and the White Mountains.

Afternoon tea is served at 4 p.m. either on the patio overlooking Squam Lake or by the wood-burning fireplaces in the library or living room.

For dinner, The Manor on Golden Pond offers two dining options. The Van Horn Dining Room presents a variety of Nuevo American cuisine featuring the abundant bounty from land and sea, near and far. Guests can choose from an a la carte menu or the Chef's Tasting Menu offering wine pairing suggestions. M Bistro (open during peak seasons) features Organic Bistro Cuisine with an abundance of local organic products. Casual Dining atmosphere in a comfortable setting

The extensive wine list has been chosen to pair with the dinners. Selections range from the French to the New World varieties to enhance the dining experience. For its efforts, The Manor On



The Manor On Golden Pond
Fact Sheet - Page 3

Golden Pond has earned the *Wine Spectator* "Award of Excellence" for the past 16 years and Wine Enthusiasts "Award of Excellence" for the past 5 year.

BAR:

Cocktails are served in the Three Cocks Pub, an intimate piano bar with lots of dark oak paneling, small copper-topped tables, and numerous decorative roosters.

SPA

Spa services are offered in the **Seasons Spa** located in the historic Carriage House on the estate. Spa treatments are offered that incorporate essential oils and natural skin care products. Spa guests relax in the aromatherapy tranquility room with a crackling fire in the fireplace after the spa therapy session. A full spa menu is offered featuring Seasonal Scents to enhance the natural and distinctive Spa therapy experiences.

AWARDS & DISTINCTIONS:

Small Luxury Hotels of the World
Virtuoso Member since 2007
Distinctive Inn of New England(DINE)
AAA Four Diamond Award (11 years)
Select Registry
Harper's Hideaway Report, "Best of New England"
Wine Spectator's "Award of Excellence"
Wine Enthusiast "Award of Distinction"
Fodors Choice Hotels for 2006
Frommers' "Outstanding Inn of New Hampshire

EXECUTIVE CHEF:

Peter Sheedy

RESERVATIONS:

800-545-2141 or info@manorongoldenpond.com

RECREATION & ATTRACTIONS:

Many nearby attractions make The Manor On Golden Pond ideal for vacation getaways.

Year-round guests can book a massage treatment with The Manor's masseuse in Seasons Spa; play chess in the living room or choose a selection from the video library.



The Manor On Golden Pond
Fact Sheet - Page 4

In the warm weather months, guests can enjoy the outdoor clay tennis court, heated outdoor swimming pool, an array of lawn games

For those athletically inclined, the region offers golfing, biking, horseback riding and hiking in state and local parks.

Several attractions are within an hour's drive of the inn including Castle In The Clouds, Loon Center, New Hampshire Science Center, Pepi Herrmann Glass Studio, Keepsake Quilting, Loudonville Race Way, Franconia Notch State Park, Canterbury

Shaker Village, Squam Lake Boat Tours, Skiing at 5 major Ski Resorts and Hobo and Winnepesaukee Scenic Railroad, Mount Washington Cog Railroad, Quechee Gorge State Park, Meadowbrook US Cellular Pavilion, Barnstormers Summer Theatre



HISTORY

Dreamers through the ages have been bemused by the spell of lake waters and greenery. Pliny the Younger had his lakeside villas, whimsically named Comedy and Tragedy. Catullus and Tennyson favored Lake Garda, Longfellow Lake Como, and Yeats his wistfully evoked "Lake Isle of Innisfree."

For over a century, well-heeled families have been drawn to the Northeast's lake-oriented areas that offer a treasure chest of shimmering possibilities. In 1903 Isaac Van Horn, a wealthy Englishman, who had amassed a fortune developing land in Florida, traveled with his new wife, Madeline, to the Lake Winnepesaukee region of New Hampshire and fell in love with nearby Squam Lake.

The rounded White Mountains that surround the lake form a bowl that holds some of New Hampshire's cleanest, clearest waters. The Van Horn's purchased a parcel of land on the lake's 65-mile shoreline and started to build a magnificent summer mansion on the gentle slope of Shepard Hill with its striking mountain and lake scenery.

The Van Horn's dream home, distinguished by exterior and interior English Manor style characteristics was built in 1904. Isaac Van Horn employed more than 100 artisans and crafts men from around the world to create the grand English country manor.

The original property comprised 20 acres, and included a Carriage House, cottage, tennis and croquet courts and fabulous English gardens.

Mr. and Mrs. Van Horn figured prominently in Boston society, belonging to many organizations. To celebrate their homes' completion, Mrs. Van Horn hosted the first of many elaborate parties and receptions benefiting numerous charities. The couple enjoyed sharing their summer home with their many good friends and all members of the upper classes of society.

Sadly, the happy times would not continue as Madeline suffered a premature death. Broken-hearted, Isaac could not bear living in the same house that had given the couple so much pleasure.

The English Manor remained a private summer residence until the mid 1940's when renowned photographer and editor of *Life Magazine*, Harold Fowler, converted the mansion into The Holderness Photographic Colony. The serene and idyllic setting of Squam Lake was the perfect setting to aspire amateur and professional photography students.

From the 1950's to the early 1980's, the property passed through a succession of owners and operated as an inn under various names.

In 1981, Hollywood immortalized Squam Lake by choosing it as the setting for the memorable film starring Katherine Hepburn and Henry and Jane Fonda in *On Golden Pond*. The lovely loons that appeared in the movie still cruise the lake in spring and summer. And in fall, the red and golden hues of the changing foliage are spectacular. The region offers skiing in the winter.



History

Page 2

The Manor on Golden Pond Today

In 1999, Brian and Mary Ellen Shields purchased The Manor On Golden Pond and began refurbishing the mansion as a year-round country inn, also enhancing the world-class restaurant.

Today, The Manor On Golden Pond has 15 suites in the main building, four additional suites in a nearby Carriage House, four suites in the Annex Chamber and two small cottages. Each individually decorated to reflect the elegant peacefulness and serenity for a romantic, restful retreat or vacation.

Reflecting on its English heritage, The Manor's lobby and public areas are elegantly decorated with English antiques, floral fabrics, fresh flowers and several fireplaces.

In 2004, the Manor On Golden Pond was selected as New Hampshire's first member of Small Luxury Hotels of the World, the prestigious luxury organization representing some of the world's finest "five-star" or "superior deluxe" boutique resorts with fewer than 100 rooms.



THE INNKEEPERS

University sweethearts, Brian and Mary Ellen Shields shared a dream since their wedding in 1977 - to own and manage an inn. Over the years, they both pursued successful professional careers and raised a family in Canada, but continued to discuss their “dream”.

Becoming innkeepers had been a long time desire the Shields’ both shared. By 1995, they decided to enroll in a course for aspiring innkeepers. The Shields’ completed the course with a stronger desire to fulfill their dream of purchasing a place where people could go to relax, revitalize themselves, and affirm their affection for one another. They looked for years for the right home and location and in November 1999 they purchased the Manor On Golden Pond and began their new passion.

Much like the Van Horn’s, New Hampshire’s Lakes Region and the Manor’s beautiful setting captivated the Shields’. Together, they set out to create a unique luxury property. Their philosophy is simple, “we see our guests as old friends – some of whom we have not met yet,” stated Mary Ellen.

Combining their creative talents, the Shields’ set out to restore the inn and establish a world-class restaurant. Under the direction of the Shields’, the Manor has seen improvements in accommodations, facilities and services that have resulted in the Manor being acclaimed as one of the finest and most romantic luxury lakeside inns in New Hampshire. The Shields’ most ambitious goal of becoming New Hampshire’s first member of Small Luxury Hotels of the World was achieved in September 2004.

The magic of a dream-come-true can still be felt throughout the Manor On Golden Pond. New ideas, creature comforts, and warm aromas wafting from the kitchen all illustrate the love and care this couple and their staff exudes.

The Shields’ agree, “the Manor isn’t just a vacation spot, it’s an experience. Our mission is to give people the best of the finer things in life – outstanding food and wines, impeccable service, an array of recreational activities, the friendliest staff, and quiet venues to relax and reclaim the soul. We vow never to cease in our efforts to keep improving the quality of our inn and our ability to cater – in style – to our guests’ every need.”



Peter Sheedy
Executive Chef of The Manor on Golden Pond, Holderness, NH

Chef Peter is a native of New Hampshire who was born in Bethlehem, a small town high in the White Mountains. His first experience of the hospitality industry was working as a high school student in the busy seasonal restaurants of Wolfeboro, on the shores of New Hampshire's Lake Winnepesaukee.

Chef Peter continued to work in the hospitality industry all through high school and college, and, after earning a degree in literature from Montreal's prestigious McGill University, determined that his ultimate calling was to the creative intensity of fine, professional cooking.

Chef Peter's first fine-dining experience was gained at the Canterbury Shaker Village's Creamery Restaurant, where he apprenticed for a season under then Executive Chef Leo Cuthbertson in preparation for the next available enrollment period of Vermont's New England Culinary Institute.

"That was really a great place, at a great time," recalls Chef Peter. "Chef Cuthbertson was a generous and supportive mentor who went out of his way to prepare me for culinary school, and, being on-site at a working organic farm exposed me to a great range of the freshest whole ingredients imaginable."

As The Creamery's season wound down, Chef Peter bid Canterbury farewell, with plans to be retained the following season as the property's sous chef, and headed to Essex, VT, as a student at New England Culinary Institute.

"NECI's model is intense. Students are hands-on in their restaurants/classrooms a lot – sometimes ten hours a day, six days a week. Outside the classroom, it doesn't stop. Everyone is food-obsessed. When I'd get a little bit of free time, I'd be with a bunch of other students, talking about food – new trends, forgotten classics, great wines, whatever bit of information we could get our hands on. Or I'd be experimenting in my little dormitory kitchen, cooking for some other students, getting feedback and trying to impress – which is actually how I met my wife!"

After culinary school, Chef Peter set out, new bride in tow, on a trans-continental journey of culinary discovery. His experience took him first to Portland, Oregon, where, as the Sous Chef of a boutique hotel in the heart of the city, he worked with the abundant produce and seafood of the area. He also spent nights off eating and doing stages – mini culinary apprenticeships in the French tradition – at many of the city's top restaurants. Volunteering a night's worth of labor typically won him a free meal and a few words of advice from the Northwest's leading chefs – Vitaly Paley, Greg Higgins and Corey Schreiber to name a few.

Chef Peter's next stop was San Diego, California, where he was recruited by a former instructor to help refine a fine-dining steakhouse concept inside the Barona Resort and Casino.

"The best part about working in the casino was that, in most cases, money was no object," Peter recalls. "Whatever we wanted or needed, it was ours for the asking. We had prime beef, foie gras and produce that would be shipped in overnight from the best farms in the country, not to mention every high-tech culinary gadget a chef could ask for."

Working with his culinary school mentor in a super high-end kitchen was exciting, but Chef Peter's ambition lead him to take a new post, also in San Diego, as Banquet Chef of the San Diego Zoo, where he added to his culinary background the administrative and organizational skills necessary to cater large-scale functions in a variety of settings – sometimes remote. This role also gave him the



opportunity to cook for a wide variety of visiting celebrities and dignitaries, and, on more than one occasion, for the animals themselves.

After several years settling in to San Diego, Chef Peter once again received a call from his culinary school mentor, who was now the Food and Beverage Director of an Atlanta Marriott hotel and who badly needed a trusted cook to be Executive Sous Chef. In Atlanta, Chef Peter once again worked with his mentor to give a facelift to a lagging food and beverage program with great success. The humble suburban Marriott at which he worked was routinely ranked among the top ten for food and beverage out of all the Marriott hotels in the United States.

Notwithstanding his success in Atlanta, upon hearing of an opening at The Manor on Golden Pond, Chef Pete could not resist the opportunity to return home, be near his family, and cook once more at an intimate, fine-dining property.

“The Manor is such a special, rarefied setting,” says the Chef. “Our guests are all genuinely treasured. Every day my team and I are going to great lengths to really make dining here an unforgettable experience with lots of local flavor and really personalized service.”



HOT AIR BALLOON RIDE? PRIVATE BOAT TOUR OF SQUAM LAKE? SLEIGH RIDE? WINTER SURVIVAL SKILLS? SNOW SHOEING?

MANOR ON GOLDEN POND PERSONAL ACTIVITIES CONCIERGE
TAKES SERVICE TO A NEW LEVEL

Just who are these magicians, these superhuman service providers who can book the impossible in New Hampshire's Central Lakes Region?

Emphasizing discreet service, personalized attention, and anticipating guest needs, the Manor On Golden Pond, New Hampshire's only Small Luxury Hotel of the World, has introduced a Personal Activities Concierge Service, designed to enhance the guest experience.

All Manor On Golden Pond guests are contacted directly prior to their arrival to pre-arrange activities, dining arrangements, secure ground transportation and assist with any special vacation arrangements and to provide an overall education of what the region has to offer.

"Travelers are fast learning that the choice is about more than just where to go, it's about what type of vacation they want. We're trying to create a new type of vacation experience where we supply our guests with everything they need to experience the destination," explained Brian and Mary Ellen Shields, Innkeepers.

Set amidst a lush New England landscape, the Manor On Golden Pond is sure to cast an alluring spell. "We can offer guests a variety of activities on- or off-property to provide customized vacation experiences," explained Mary Ellen Shields.

The Personal Activities Concierge will enable guests to fully customize their entire vacation itinerary – from conception to booking. This process begins in advance of the guests' arrival by phone, fax or email; and continues when the Personal Activities Concierge meets arriving guests at the inn. Activity selections will be confirmed and outlined with an itinerary card presented upon arrival at the Front Desk and depending on weather or the guests' impulse, additions and changes can be made throughout their stay.

"We know that making decisions about where to go and what to do while vacationing can be intimidating. By working with our Personal Activities Concierge, guests can take the anxiety out of researching and planning daily activities. Our expert staff is well equipped to provide a multitude of choices to help design the perfect outing or adventure," stated Brian Shields.



Manor On Golden Pond
Personal Activities Concierge
Page 2

Nestled on Sheppard's Hill, on 14 acres overlooking Squam Lake, with the White Mountains to the North, the Manor On Golden Pond offers a wealth of activities appealing to a broad range of travelers from sport enthusiasts and adventure travelers to honeymooners to those looking for more relaxing vacation experiences with activities such as tennis, croquet, horseshoes, kayaking, canoeing, or just relaxing by the pool or beach and more. For those looking to explore the destination, the inn is nearby historic sites, charming towns with shops offering local and hand-made art, clothing and jewelry, as well restaurants with quaint atmospheres.

The Personal Activities Concierge can create an entire travel experience based on the guests' preferences. For example, if a visitor is primarily interested in wildlife and the outdoors, we'll quickly suggest outings ranging from a private guided hike up Mount Washington, the highest peak in the White Mountains or a guided horseback riding excursion.

In a fraction of the time it would normally take, guests can create and book their dream vacation, that fits their needs and personal preferences, no matter the season.

By contacting the inn's Personal Activities Concierge, guests have the ability to plan a variety of outdoor excursions. Exclusive hot air balloon tours of the scenic terrain surrounding the property, including Squam Lake, Lake Winnepesaukee and the White Mountains are available. Additionally, the inn's Personal Activities Concierge can help guests schedule their own private guided kayaking, canoeing and sailing tours of Squam Lake. On the tour, guests get up close and personal with the regions wildlife, including loons and bald headed and eagles and may even be able to taste a blueberry while paddling close to one of the lake's numerous island shorelines.

In addition to venturing out onto Squam Lake, the White Mountains and the surrounding areas offer a multitude of seasonal adventures as well. There is always hiking, fishing, mountain biking, horseback riding, golf, snowshoeing, cross country skiing, down hill skiing and a wealth of seasonal activities to keep guests inspired by the region's abundant natural resources.



PERSONAL ACTIVITIES CONCIERGE ACTIVITIES MENU SUGGESTIONS

Private Boat Tour of Squam Lake

Welcome aboard a 70-year old antique mahogany Chris-Craft that has been navigating Squam Lake for five generations. Enjoy a private tour, while enjoying appetizers and fine wine provided by the Manor, while the Captain shares the clever history of the Lakes region.

Private Guided Kayaking Tour of Squam Lake

Kayak Squam Lake with your own private guide and instructor for a half day or full day while you navigate one of the largest pristine bodies of water in the state, Squam Lake islands, while enjoying the setting for the critically-acclaimed movie "*On Golden Pond*."

Instructional Tennis Lessons

Private, one-on-one instruction rapidly improves any player's level of play. Private instructors can be arranged to play with guests for as long and often as they wish.

Ride The Cog Railway

Relax and enjoy a ride on the Cog Railway, the first mountain climbing train in the world when it opened in 1869. The Cog Railway is set in the midst of the White Mountain National Forest with its natural and man-made attractions. The ever-changing surroundings, the magnificent views, the sights and sounds of unique steam locomotives in action, and some of the steepest Railway tracks in existence, combine to place it among the best of the world's great railway journeys.

Up, Up & Away! Soaring to New Heights

It's time for a bird's eye view of the Lake's with a hot air balloon ride! From the unique vantage point thousands of feet in the air, guests will be able to look down on the Squam Lake area and the White Mountains. The hot air balloon ride includes a complimentary glass of champagne to toast the high altitude experience. Private or group balloon rides can be arranged.

Fly Fishing

From the beginner to the seasoned expert we have the trip for you. Our expert guides will take you out to area creeks, rivers and lakes and will make every effort to assure that you have no "one that got away" stories.

Fishing Expedition

The Central Lakes Region has long "lured" true fishing enthusiasts. Guests can explore the lake's deep waters on private charters and visiting anglers will be able to cast their reel and try their hand at catching trout, bass, salmon and more while accompanied by an expert guide.

Take A Swing

Play a combination of semi-private courses nearby where the lush fairways and challenging terrain are rivaled only by the glorious views! Try out your swing on Owl's Nest Golf Club, set in the foothills of the White Mountains National Forest and rated #17 on the *New England Journal of Golf magazine's* "Top 100 You Can Play in New England" 2003 list. Try Laconia Country Club, set in the heart of the Lakes Region with its tight tree-lined playable fairways with enough sand and water hazards to create a challenging round. Or tee-off to incredible views at Canterbury Woods Country Club, where views of the Merrimack River Valley are as beautiful as the golf is challenging.

Learn From The Pro

Get the edge you've been looking for with private lessons from the golf pro at any of the above courses. Lessons can be arranged for any level of play.

Private Guided Hike

Hike the White Mountains with your very own expert guide for a half or full day in the wilderness. Every tour is tailored to the guests' interests and ability level.

Morning Nature Hike

Squam Lake is abutted by several sections of preserved conservation land open to the public for walking. Four trails in Holderness, Sandwich, and Center Harbor lead to the enchanting views of the lake and the surrounding mountains. Footpaths meander through the peaceful forest and carry walkers to intimate glimpses and majestic vistas of vegetation, water, and richly hued hillsides. Those paths can be found in the Rattlesnakes, two low adjoining hills on the northwest side of the lake; Five Fingers, a peninsula below East Rattlesnake; the Chamberlain-Reynolds Memorial Forest on the southwest; and Harvard Point on the northeast.

Moonlight Hike

Hiking can be an illuminating adventure when you trek under the full moon up to the top of Rattlesnake Mountain (1.8 miles), into a whisper world defined in luminous shades of silver and gray. On these particular nights, the moon, enveloped by a seemingly infinite blanket of stars, cast an opalescent glow bright enough to see by. Pause along the trail and the guide will offer bits of natural history and stories about the secret nighttime ways of local wildlife. On a clear night you will see its striking visages and natural geological features in a new way under the constellation of stars.

Horseback Ride In The Forest

Equine enthusiasts shouldn't miss the opportunity to explore the region on horseback. The mountain meadows and forest trails open out onto spectacular vistas and make for memorable rides. Trail rides are offered at a number of locations for riders of all levels.

Dashing Through The Snow

Wrapped in warm blankets and nestled with someone special, guests will hear the jingle of sleigh bells while gliding over the snow in a horse drawn open sleigh. Enjoy the fresh winter air and the scenic landscape of the snow-covered hills while enjoying a thermos of steaming hot cocoa at the bon fire. Champagne can be provided for special occasions.

Private Guided Snow Shoeing Adventure

With a good pair of snowshoes and some snow, you'll experience the peace of the outdoors and the beauty of the white landscape. Snowshoeing is an ideal route to finding fun in winter wonderlands. It provides a method for almost anyone to enter the cool realm of winter sports with no tricky skills to master. You can move at your own speed, and challenges can be embraced gradually. All levels of instruction and guidance are provided.

Sunset Snowmobile Adventure

Glide through mountains of snow experience the breathtaking sunset behind Mt. Moosilauke and have an exciting ride home by moonlight on this one hour guided snowmobile tour.

Hop Aboard the Mt Washington Cog Railway Ski Train

Churn and chug as you ascend the sparkling snow covered White Mountains. The Mt. Washington Cog Railway, which opened for winter operation in 2005, stops at the 3,800-foot Waumbeg Station, about a third of the way up the Cog's summer route to the 6,288-foot summit. With skis in hand, passengers disembark onto the platform, ready to ski and snowboard down one of the two trails that run parallel to the trestles on each side. Half the fun is skiing and riding alongside this piece of history while listening to the clicking of the tracks and smell the steam of the engine, while carving your own tracks right in time to the rail car next to you.

Summer Theater and Concert Performances

Join local residents for highly acclaimed regional theater and concert performances offered on a limited schedule.

Shop Center Sandwich

Explore the oldest artisan town in New Hampshire visit Sandwich Home Industries and wander through a boutique of handmade products made by local members of the League of New Hampshire Craftsmen including handmade sweaters, jewelry, leathers goods, pottery, hand blown glass and more.

Shop The Moultonboro General Store

Established in 1781, with its wooden floors, old scales and eclectic array of groceries and souvenirs, manages to remain true to its "country store" image. Even to this day, every purchase is calculated either in the salespersons head or on a paper bag.

Custom Portrait

Arrange to have a local photographer take a scenic and memorable photograph.

Enjoy A Relaxing Massage

Professional therapists are available by appointment to offer Deep Tissue, Swedish and Aromatherapy massages. Pregnancy massages can be scheduled with certain therapists.

Facial Treatments

For men and women, treatments include moisturizing, clarifying and stress relief.

Body Brushing Treatments

Enjoy the benefits of a customized detox-booster or stress reducing scrub.